



Autism Support & Training for Educators





Helen Boder,
CEO
I-AM Autism

We know that classrooms should be inclusive. But achieving this is sometimes a challenge for Teachers, Schools, SENCOs, Teaching Assistants and Parents. Here at I-AM, we can help you to support your autistic learners effectively.

I-AM has been working with and supporting autistic people for over 50 years. We can bring this wealth of practical knowledge and experience to your school or college and, through training, help you to learn more about Autism Spectrum Conditions (ASC) and how to support them in the learning environment.

We know that autistic people are individuals with a whole range of individual needs. Sometimes it may mean that 1 to 1 specialist support is needed to develop the skills that will enable autistic individuals to thrive in a learning environment.

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Training



Lunch & Learn/Twilight

This is a short session designed to provide a basic level of awareness of autism. It is relevant for all staff and parents.

The session is usually an hour with plenty of time for delegates to ask questions. It is designed to provide a basic overview of autism. The session will include

- What are autism spectrum conditions?
- What you might observe
- Understanding the challenges
- Signposting for further advice and support

These sessions are a low key and friendly way of putting the issue on the agenda and are often part of a wider inclusion strategy. The session will be most relevant for teachers, teaching assistants, school governors, SENCOs and parents.

This is a highly effective first step to raise awareness of autism that can assist with moving towards an inclusive learning environment.

Duration

Approx. 60 minutes

Location

At your location or can be delivered virtually

Cost

£400 (up to 30 delegates)

Understanding Autism in the Classroom



Full-day Training

This is a full-day session designed to provide a solid understanding of autism in the learning environment.

The session is usually full a day with plenty of time for delegates to ask questions. It is designed to provide a solid understanding of autism and how to support it in the classroom. The session will include

- What are autism spectrum conditions?
- Learning challenges
- The inclusive learning environment

- Effective communication and support strategies
- Managing challenging behaviour
- Positive risk-taking
- Building strategies into skills
- Signposting for further advice and support

This is a more in-depth session that will be invaluable for teachers, teaching assistants and SENCOs. It will provide not only knowledge and understanding but practical strategies that can be used to support learners.

Duration	1 day
Location	At your location or can be delivered virtually
Cost	£800 (up to 25 delegates)

Open Training Courses



We run a variety of open training courses that individuals can book on to. Check our website for dates.

These sessions are usually 3 - 4 hours with plenty of time for delegates to ask questions. They are designed to address some of the common challenges that educators experience, titles include:

- Understanding Autism for Educators
- Understanding & Managing Challenging Behaviour in School/College
- Sensory Overload and How to Manage it in the Learning Environment
- Practical Strategies to Support Learning.
- Supporting the Development of Communication & Social Skills
- Managing Transition & Change Effectively

These sessions are either delivered face to face or as virtual sessions to small groups with one of our highly knowledgeable and experienced team. Dates are listed on our website and individuals can book on to these courses directly.

These courses can also be delivered to groups for inset sessions, etc.

If you are looking for something bespoke or a half-day session then please get in touch with us to discuss your requirements

admin@i-am-autism.org.uk

Duration	Usually 3-4 hours (but will vary depending on course)
Location	Delivered virtually or face to face
Cost	£50 per delegate (may vary depending on course)

1 to 1 Support/ Outreach



1 to 1 support can be invaluable to support an autistic individual with developing the skills they need both in education and at home.

At I-AM we have a team of specialist key workers who can deliver 1 to 1 support for individuals usually over the age of 10 years who have a diagnosis of autism. This support is targeted to meet the specific needs of the individual.

The support worker will work with you and the individual to develop an action plan and a programme of person-centred

support such as for part of TAC activity or an EHCP or to address specific needs such as travel training, managing emotions, managing transitions or change, social skills development, etc. This can be delivered in school/ college or outside school/college at our own centre.

To find out more contact us at admin@i-am-autism.org.uk or call 0161 866 8483

Duration	Varies depending on requirements
Location	At your location or can be delivered virtually
Cost	£25 per hour

Support For Your Staff



Here at I AM we appreciate the challenges faced by those working in education and we are here to help. Our consultancy and mentoring service can support your staff to work more effectively with your autistic learners.

Autism can present many challenges to a child's school life. In particular, it can impact learning, social skills, and communication. Your position as a teacher gives you a unique opportunity to support their needs to ensure they reach their full potential.

Through observation of the individual in the school environment we will work with your staff to build a tailored support package that can then be delivered by your staff.

Everyone needs a helping hand and support sometimes, and we are here to provide that.

To find out more contact us at admin@i-am-autism.org.uk or call 0161 866 8483

Duration	Varies depending on requirements
Location	At your location or can be delivered virtually
Cost	Dependent on needs

Social Activities



We know that many autistic individuals experience high levels of social isolation. This can have a hugely negative impact on mental health and wellbeing. Additionally, parenting an autistic child or young person can also be challenging.

At I-AM our support doesn't stop at the school or college gates. We offer a huge range of social activities and groups that autistic children, young people and adults can participate in. From art, film and game clubs through to social outings and walking clubs. I-AM has something that will be interesting and engaging for individuals and enable them to .

meet with others and develop their social and communication skills in a supportive and understanding environment.

I-AM is also able to support parents by providing advice and guidance through our helpline and our parent's group.

To find out more about our activities and how individuals can join them check out our website or social media channels or simply get in touch with us for a chat to see what's on and how we can help.



Website

i-am-autism.org.uk

Email

admin@i-am-autism.org.uk

Telephone

0161 866 8483

Membership



I-AM is a membership organisation that works to support autistic individuals and those who support them in the Greater Manchester area.

Becoming an I-AM member helps us to support autistic individuals in your area.

By becoming a member, you are demonstrating your support for autism in Greater Manchester. It sends a clear message that your school has made a real commitment to building an inclusive and equal society for all.

As part of your membership, you will receive regular newsletters and a logo that you can display on your communications that demonstrates your commitment.

Why not make I-AM your charity of choice this year and we will share updates and news stories with you so you can see where and how your donation is being used and what a positive impact it is having.

Join us today to have a positive impact on the lives of people with autism in the UK.

Cost	£75 per year
Email	admin@i-am-autism.org.uk
Telephone	0161 866 8483

About I AM



I-AM is a membership organisation that works to support autistic individuals from the age of 10 upwards and those who support them in the Greater Manchester area.

With over 50 years of experience in supporting people with autism in the Greater Manchester area, we are a provider of first-class services and information for people with autism, their carers, professionals and anyone with an interest in this area.

More than that, we are here because we understand the challenges that Autistic Spectrum Conditions (ASC) can bring. We have the knowledge, experience, and passion to help professionals, individuals and families work through these challenges towards

a happier place with autism as a part of their daily lives.

I-AM (Formerly the Autistic Society of Greater Manchester) started as a support group in 1968 providing information and support to children and adults in the Greater Manchester area (and their parents and carers). Our Trustees are selected from the membership group and from those with a professional or personal interest and experience of autism.

We are based in Manchester where we have our own centre.

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Autistic Society Greater Manchester Area (ASGMA), trading
as I AM Celebrating Autism in Greater Manchester