

Volunteer with I AM



Volunteering with I AM is a meaningful way to help support autistic people in Greater Manchester. It's also an opportunity to develop skills and experience, share what you know, and become more engaged with your local community.

“Following my son’s diagnosis, we felt abandoned. The support that I AM gave us was invaluable, and I just wanted to get involved.”

Jane, Volunteer, Stretford

As a small charity, we would be lost without our volunteers

Some volunteers have been helping at I AM (formally Autistic Society of Greater Manchester) for many years. Others have become part of the I AM family relatively recently. Whether they've been here for 6 weeks or 6 years, our volunteers are invaluable and treasured.

Why volunteer with I AM?

Everything we do is about supporting the lives and aspirations of autistic children and adults in Greater Manchester. You too can make a real difference in the lives of our members and their families.

All our volunteer roles are supported, and you will be given a full induction.

You don't need specific skills to volunteer, but you do need enthusiasm and a positive attitude, and you need to love being kind and patient and want to help individuals with an autism diagnosis to reach their full potential.

Volunteering with I AM is a fantastic way to give back to your local community. For many of our volunteers, it is a great opportunity to meet different people, learn new skills, advance their careers, and achieve personal goals.

What does volunteering with I AM involve?

No two days of volunteering with I AM are the same and we like to think that is what makes volunteering here so exciting and rewarding. We know many of our volunteers enjoy spending time in such a unique environment. You will have the opportunity to demonstrate different skills regularly. Volunteering may involve supporting and helping out with our events, activities and excursions, or may involve getting creative with members making artwork.

We have a range of roles that fit around the time you have to offer and the skills you want to use.



Who can volunteer?

Volunteering is open to everyone regardless of who you are and what experience you have. We are committed to being inclusive, equitable and accessible. There is no upper age limit, though you'll need to be at least 18 to apply.

You may be unsure how volunteering fits around your daily life and personal circumstances. But whatever your life experience, we'd value your contribution, and love to hear from you.

How can I find out more about volunteering at I AM?

Current opportunities include:

General Handy Person – There are always lots of things that need mending or “fettling” at I AM. If you are a dab hand with a power tool and have run out of DIY projects at home, don't worry we have plenty to keep you going. From tidying the garden to painting or fixing broken things and dripping taps, we have an endless list! We can supply an endless stream of brews and biscuits to keep you fuelled.

Volunteer Minibus Driver – If you enjoy driving but have nowhere to go let us help you out with that. We need a volunteer minibus driver for a few days through the summer holidays to take our children's group on days out. It also means you get a day out as well.

General Help with group activities – Our groups are always supported by our expert staff, but sometimes an extra pair of hands would be greatly appreciated. Whether it is brewing up or washing up or tidying up or even adding up the bill at one of our pub nights an extra pair of hands would be made most welcome.

Helpline Volunteer – At I AM we run a free helpline at our centre in Stretford. We would really welcome some volunteers to assist with answering calls. You would be supported by our centre manager and training would be provided. If you enjoy talking to people and sharing information then this might well suit you. We can supply brews and biscuits and lots of chat.

If you are interested in any of these volunteering opportunities or if you have any other talents that you think might be helpful for us then please do get in touch with us for a chat.

Enquiries@i-am-autism-org.ok or call us on 0161 866 8483