

18+ Calendar JULY 2024

Please arrive punctually for Groups as we are unable to wait when activities/venues have been booked












****On rare occasions, we may have to cancel activities if minimum numbers are not met****

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1 st	2 nd	<p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)</p>	<p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)</p>	<p>18+ Friday Group Gym Session at Nuffield Health & Fitness, Didsbury + lunch in the Café (via tram) 11am – 2:30pm Bring suitable gym / foot wear, towel, shower gel + padlock & key Bring £4.30 tram fare & £10 for lunch (or packed lunch) Meet at Primark, Market Street entrance, Manchester (Activity Cost: £33)</p>	6 th
8 th	9 th	<p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25) ***** I AM Community Voice 6pm– 7:30pm I AM Centre, Stretford, with an option to join via Zoom (Cost: free to I AM members) Contact Debra Bradley Debra.Bradley@i-am-autism.org.uk</p>	<p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28) ***** 18+ Trafford Pub Night 6pm - 8pm Bring money for food & drinks Meet at Coppice Wood Farm, 6 Mercury Way, Trafford Park, M41 7PA (Activity Cost: £27)</p>	<p>18+ Friday Group Laser Quest + lunch in The Food Orient (via tram) 11am – 2:30pm Bring £15.00 for lunch & £3.50 tram fare Meet at Primark, Market Street entrance, Manchester (Activity Cost: £43)</p>	<p>18+ Big Day Out Buxton: Well Dressing Carnival, Walk & Lunch (via train) 8:45am - 4pm Bring £20 for lunch & £13.50 train fare Meet at Piccadilly Train Station Ticket Office (Activity Cost: £74)</p>
15 th	16 th	<p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25) ***** 18+ Bolton Adult Group Walk at Jumbles Country Park 6pm – 8pm Meet at the car park, Bradshaw Road, Bolton BL2 4JS Please bring snacks and refreshments. Wear appropriate clothing and footwear (Activity cost: free to Bolton residents only)</p>	<p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28) ***** 18+ DVD/Takeaway Night 5pm – 8pm Bring money for food & drinks I AM Centre, Stretford (Activity Cost: £28)</p>	<p>18+ Friday Group Lunch at Dukes 92, Grill Restaurant 11am – 2:30pm Please bring £20 for lunch Meet at Primark, Market Street entrance, Manchester (Activity Cost: £32)</p>	20 th
22 nd	23 rd	<p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)</p>	<p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)</p>	<p>18+ Friday Group Bowling at Ten Pin + lunch in The Arndale Food Court 11am – 2:30pm Please bring £15 for lunch Meet at Primark, Market Street entrance, Manchester (Activity Cost: £40)</p>	27 th
29 th	30 th	<p>18+ Manchester Pub Night 7pm - 9pm Bring money for food & drinks Meet at The Seven Stars in the Printworks, 6-8 Dantzic Street, M4 2BS (Activity Cost: £31)</p>	<p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)</p>		

18+ Calendar AUGUST 2024

Please arrive punctually for Groups as we are unable to wait when activities/venues have been booked

****On rare occasions, we may have to cancel activities if minimum numbers are not met****

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
			1 st 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)	2 nd 18+ Friday Group Gym Session at Nuffield Health & Fitness, Didsbury + lunch in the Café (via tram) 11am – 2:30pm Bring suitable gym / foot wear, towel, shower gel + padlock & key Bring £4.30 tram fare & £10 for lunch (or packed lunch) Meet at Primark, Market Street entrance, Manchester (Activity Cost: £33)	3 rd
5 th	6 th  SUMMER ACTIVITY  Yorkshire Wildlife Park (via minibus) 9am – 6pm Bring £20 for lunch (or a packed lunch) Meet at I AM Centre, Stretford (Activity Cost: £114)	7 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)	8 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28) ***** 18+ Trafford Pub Night 6pm - 8pm Bring money for food & drinks Meet at Coppice Wood Farm, 6 Mercury Way, Trafford Park, M41 7PA (Activity Cost: £27)	9 th 18+ Friday Group Canoeing on The Bridgewater Canal + lunch at The Kings Ransom (via tram) 11am – 3pm Bring £20 for lunch & £4.30 tram fare Meet at Primark, Market Street entrance, Manchester (Activity Cost: £50)	10 th
12 th	13 th  SUMMER ACTIVITY  Heights of Abraham Cable Cars, walk around Matlock + lunch (via minibus) 9am – 6pm Bring £20 for lunch Meet at I AM Centre, Stretford (Activity Cost: £108)	14 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)	15 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28) ***** 18+ DVD/Takeaway Night 5pm – 8pm Bring money for food & drinks I AM Centre, Stretford (Activity Cost: £28)	16 th  SUMMER ACTIVITY  Barge Trip with New Horizons + Pub Lunch at The Boar's Head, Poynton, Macclesfield Canal (via minibus) 9am – 5pm Bring £20 for lunch Meet at I AM Centre, Stretford (Activity Cost: £90)	17 th
19 th	20 th  SUMMER ACTIVITY  Blackpool Pleasure Beach (via minibus) 9am – 6pm Bring £20 for lunch (or a packed lunch) Meet at I AM Centre, Stretford (Activity Cost: £125)	21 st 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25) ***** 18+ Bolton Adult Group Bella Italia 6pm – 8pm Please meet at The Linkway Middlebrook, Horwich, BL6 6JA Please bring £20 for food (Activity cost: free to Bolton residents only)	22 nd 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)	23 rd 18+ Friday Group Short Walk at Debdale Park + McDonalds lunch (via bus) 11am – 2:30pm Bring £10 for lunch (or a packed lunch) & £4 bus fare Meet at Primark, Market Street entrance, Manchester (Activity Cost: £34)	24 th
26 th	27 th  SUMMER ACTIVITY  Virtual Reality at Meetspace + lunch at The Swinging Bridge (via minibus) 11am – 4pm Bring £20 for lunch Meet at I AM Centre, Stretford (Activity Cost: £67) ***** 18+ Manchester Pub Night 7pm - 9pm Bring money for food & drinks Meet at The Seven Stars in the Printworks, 6-8 Dantzic Street, M4 2BS (Activity Cost: £31)	28 th  16+ Wednesday Social Special SUMMER BBQ 12pm – 3pm I AM Centre, Stretford (Activity Cost: £34)	29 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)	30 th 18+ Friday Group Lunch at MyLahore Globally inspired restaurant (via bus) 11am – 2:30pm Bring £20 for lunch & £4 bus fare Meet at Primark, Market Street entrance, Manchester (Activity Cost: £34)	

18+ Calendar SEPTEMBER 2024

Please arrive punctually for Groups as we are unable to wait when activities/venues have been booked

On rare occasions, we may have to cancel activities if minimum numbers are not met

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2 nd	3 rd	<p>4th</p> <p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)</p>	<p>5th</p> <p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)</p>	<p>6th</p> <p>18+ Friday Group Gym Session at Nuffield Health & Fitness, Didsbury + lunch in the Café (via tram) 11am – 2:30pm Bring suitable gym / foot wear, towel, shower gel + padlock & key Bring £4.30 tram fare & £10 for lunch (or packed lunch) Meet at Primark, Market Street entrance, Manchester (Activity Cost: £33)</p>	7 th
9 th	10 th	<p>11th</p> <p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25) ***** I AM Community Voice 6pm– 7:30pm I AM Centre, Stretford, with an option to join via Zoom (Cost: free to I AM members) Contact Debra Bradley Debra.Bradley@i-am-autism.org.uk</p>	<p>12th</p> <p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28) ***** 18+ Trafford Pub Night 6pm - 8pm Bring money for food & drinks Meet at Coppice Wood Farm, 6 Mercury Way, Trafford Park, M41 7PA (Activity Cost: £27)</p>	<p>13th</p> <p>18+ Friday Group Immersive Gamebox + lunch at Popeyes Louisiana Chicken 11am – 2:30pm Bring £15 for lunch Meet at Primark, Market Street entrance, Manchester (Activity Cost: £59)</p>	<p>14th</p> <p>18+ Big Day Out Bury Arcades + lunch at Racconto Lounge (via tram) 9:30am - 4pm Bring £20 for lunch & £4.90 tram fare Meet at I AM Centre Stretford, M32 0HL (Activity Cost: £78)</p>
16 th	17 th	<p>18th</p> <p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25) ***** 18+ Bolton Adult Group Bowling + KFC or McDonalds 6pm–8pm Meet at Hollywood Bowl, Middlebrook, Bolton, BL6 6JA (Activity cost: free to Bolton residents only)</p>	<p>19th</p> <p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28) ***** 18+ DVD/Takeaway Night 5pm – 8pm Bring money for food & drinks I AM Centre, Stretford (Activity Cost: £28)</p>	<p>20th</p> <p>18+ Friday Group Lunch at Yum Cha, Dim Sum Restaurant 11am – 2:30pm Bring £20 for lunch Meet at Primark, Market Street entrance, Manchester (Activity Cost: £33)</p>	21 st
23 rd	24 th	<p>25th</p> <p>16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £25)</p>	<p>26th</p> <p>16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £28)</p>	<p>27th</p> <p>18+ Friday Group Coronation Street Exhibition Experience + lunch in the Lowry Food Court (via tram) 11am – 3:00pm Bring £20 for lunch & £3.50 tram fare Meet at Primark, Market Street entrance, Manchester (Activity Cost: £42)</p>	28 th
30 th					