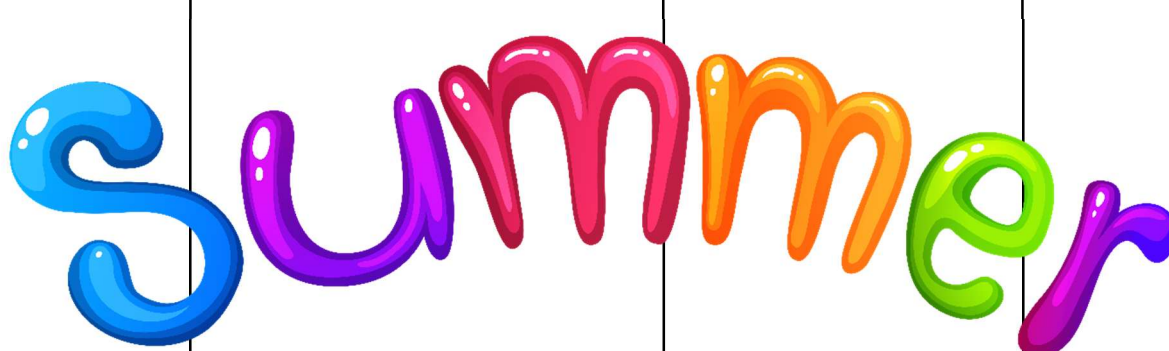




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
		1st 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	2nd 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £30)	3rd 18+ Friday Group The Mystery of Banksy – A Genius Mind and lunch at Frankie's Toasties & Shakes 11am – 2:30pm Meet at Primark, Market Street entrance (Activity Cost: £37) Please bring £20 for lunch	4th 18+ Big Day Out Walk at Pennington Flash country park and café or packed lunch 9am – 4pm Via Minibus (Activity Cost: £75) Please bring £10 for food or packed lunch Please wear suitable clothes and footwear
6th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	7th	8th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27) ***** I AM Community Voice 6pm – 7:30pm I AM Centre, Stretford, with an option to join via Zoom (Cost: free to I AM members) Contact: Debra.Bradley@i-amautism.org.uk	9th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £30) ***** 18+ Trafford Pub Night 6pm - 8pm Bring money for food & drinks Meet at Coppice Wood Farm, Trafford Park M41 7PA (Activity cost: £28)	10th NO GROUPS ON THIS DAY	11th
13th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	14th	15th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27) ***** 18+ Bolton Adult Group Meal at Blanco Lounge Meet at 81 The Linkway, Horwich, Bolton, BL6 6JA 6pm – 8pm Free for Bolton Residents	16th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30) ***** 18+ DVD/Takeaway Night 5pm – 8pm Bring money for food & drinks I AM Centre, Stretford (Activity cost: £30)	17th 18+ Friday Group Short walk around Castle Field and lunch at Yum Cha Cantonese & Japanese 11am – 2:30pm Meet at Primark, Market Street entrance (Activity Cost: £37) Please bring £20 for lunch	18th
20th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	21st	22nd 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £27)	23rd 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30)	24th 18+ Friday Group Gym Session at Nuffield Health & Fitness, Didsbury + lunch in the Café (via tram) 11am – 2:30pm Bring suitable gym / footwear, towel, shower gel + padlock & key Bring £4.30 tram fare & £10 for lunch (or packed lunch) Meet at Primark, Market Street entrance (Activity cost: £36)	25th
27th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	28th 18+ Manchester Pub Night 7pm - 9pm Please bring money for food & drinks Meet at The Seven Stars, Manchester M4 2BS (Activity cost: £33)	29th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	30th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30)	31st 18+ Friday Group Manchester Art Gallery & Lunch at Pizza Hut 11am – 2:30pm Meet at Primark, Market Street entrance (Activity Cost: £36) Please bring £20 for lunch	



MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
					1 st
3 rd 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	4 th Summer Activity Blackpool Pleasure Beach 9am – 6pm Via Minibus Meet at I AM Centre, Stretford (Activity cost: £99) Please bring £20 for lunch	5 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	6 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30)	7 th 18+ Friday Group Gym Session at Nuffield Health & Fitness, Didsbury + lunch in the Café (via tram) 11am – 2:30pm Bring suitable gym / footwear, towel, shower gel + padlock & key Bring £4.30 tram fare & £10 for lunch (or packed lunch) Meet at Primark, Market Street entrance (Activity cost: £36)	8 th
10 th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	11 th Summer Activity Walking The Alpacas experience at White Peak, Lunch at Plough and Flail 9am – 5pm Via Minibus Meet at I AM Centre, Stretford (Activity cost: £85) Please bring £20 for lunch	12 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	13 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30) ***** 18+ Trafford Pub Night 6pm - 8pm Meet at Coppice Wood Farm, Trafford Park M41 7PA Bring money for food & drinks (Activity cost: £28)	14 th <u>NO GROUPS ON THIS DAY</u>	15 th
17 th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £ 10)	18 th Summer Activity Llandudno Pier, Walk and lunch at The Cottage Loaf 9am – 6pm Via Minibus Meet at I AM Centre, Stretford (Activity cost: £99) Please bring £20 for lunch	19 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27) ***** 18+ Bolton Adult Group Short walk at Jumbles Country Park and chat 6pm – 8pm Meet at the carpark, Bradshaw Road, BL2 4JS Free for Bolton residents Please wear suitable footwear and clothing	20 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £30) ***** 18+ DVD/Takeaway Night 5pm – 8pm Bring money for food & drinks I AM Centre, Stretford (Activity cost: £30)	21 st 18+ Friday Group Roxy Ball Room - a taster session of Crazy Pool + more, with lunch at the venue 11am – 2:30pm Meet at Primark, Market Street entrance (Activity Cost: £37) Please bring £15 for lunch	22 nd
24 th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	25 th 18+ Manchester Pub Night 7pm - 9pm Please bring money for food & drinks Meet at The Seven Stars, Manchester M4 2BS (Activity cost: £33)	26 th 16+ Wednesday Social group Summer BBQ 12pm – 3pm I AM Centre, Stretford (Activity cost: £40)	27 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity Cost: £30)	28 th 18+ Friday Group Heaton Park Picnic & tubing experience 11am – 2:30pm Meet at Primark, Market Street entrance Via Tram Please bring £4.30 for the tram & £10 for lunch or packed lunch (Activity Cost: £37)	29 th
31 st <u>BANK HOLIDAY</u>					



18+ Calendar
September 2026

Please arrive punctually for Groups as we are unable to wait when activities/venues have been booked

On rare occasions, we may have to cancel activities if minimum numbers are not met

MON	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1 st	2 nd 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	3 rd 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30)	4 th 18+ Friday Group Gym Session at Nuffield Health & Fitness, Didsbury + lunch in the Café (via tram) 11am – 2:30pm Bring suitable gym / footwear, towel, shower gel + padlock & key Bring £4.30 tram fare & £10 for lunch (or packed lunch) Meet at Primark, Market Street entrance (Activity cost: £36)	5 th
7 th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	8 th	9 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	10 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30) ***** 18+ Trafford Pub Night 6pm - 8pm Meet at Coppice Wood Farm, Trafford Park M41 7PA Bring money for food & drinks (Activity cost: £28)	11 th NO GROUPS ON THIS DAY	12 th 18+ Big Day Out Little Moreton Hall and Lunch (TBD) 9am – 5pm (Activity Cost: £92) Meet at I AM, Stretford Via minibus
14 th 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	15 th	16 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27) ***** 18+ Bolton Adult Group Bowling at Hollywood Bowl & tea at McDonald's or Popeyes Chicken 6pm – 8pm Free for Bolton Residents Meet at Middlebrook Retail Park, 37 The Linkway, Bolton, BL6 6 JA ***** I AM Community Voice 6pm – 7:30pm I AM Centre, Stretford, with an option to join via Zoom (Cost: free to I AM members) Contact: Debra.Bradley@i-amautism.org.uk	17 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30) ***** 18+ DVD/Takeaway Night 5pm – 8pm Bring money for food & drinks I AM Centre, Stretford (Activity cost: £30)	18 th 18+ Friday Group Minikin's Paint a pot & Greggs or packed lunch 11am – 2:30pm Meet at I AM Centre, Stretford (Activity Cost: £37) Bring £10 for lunch or a packed lunch Via minibus	19 th
21 st 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	22 nd	23 rd 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)	24 th 16+ Gaming Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £30)	25 th 18+ Friday Group Bowling at Lane 7 & lunch at The Arndale food court 11am – 2:30pm Meet at Primark, Market Street entrance (Activity Cost: £37) Please bring £15 for lunch	26 th
28 th 18+ Bolton Group Museum of Illusions & lunch at Slug and Lettuce, Deansgate. Please meet at the ticket office at Bolton Train Station 10:30am – 5pm Via Train Free for Bolton residents ***** 16-25 Next Steps 6pm-8pm I AM centre, Stretford (Activity cost: £10)	29 th 18+ Manchester Pub Night 7pm - 9pm Bring money for food & drinks Meet at The seven stars, Manchester M4 2BS (Activity cost: £33)	30 th 16+ Wednesday Social Group 12pm – 3pm I AM Centre, Stretford (Activity cost: £27)			